

# AN INTEGRATION OF INFORMATION FOR SCHOOL-BASED MENTAL HEALTH PROFESSIONALS

# **Happy New Year!**

# Dear School Support Professionals, Prevent-Teach-Reinforce (PTR)

The Project consultants and staff with the Bureau of Exceptional Education and Student Services would like to wish you all the best for the New Year. You have worked effortlessly providing support and guidance to the students and families of Florida by utilizing your expertise to ensure that barriers are reduced and/or removed in order to promote safe and healthy school environments.

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## Attendance

#### **National Resources**

Attendance Works has developed a range of resources specific to grades served (i.e., elementary, middle, secondary) and aligned to five important strategies designed to improve attendance: recognizing good and improved attendance; engaging students and parents; monitoring attendance data and practice; providing personalized early outreach; and developing programmatic responses to barriers. A few examples include:

- ♦ Bringing Attendance Home: <u>Engaging Parents</u> in <u>Preventing Chronic Absence</u>
- ♦ Count Us In! Working Together to Show That Every School Day Matters
- ♦ Early and Often: <u>Early Education Toolkit</u>
- ♦ Leading Attendance: A Toolkit for Principals
- ♦ Relationships Matter: <u>A Toolkit for an Elementary Success Mentor Attendance Initiative</u>
- ↑ Teaching Attendance: Everyday Strategies to Help Teachers Improve Attendance and Raise Achievement

A model of the functional behavior assessment (FBA)/behavior intervention plan (BIP) process is an evidence-based positive behavior support process for developing and implementing individualized FBA/BIP and behavior intervention plans as part of Tier 3 systems.

**Support for Behaviors** 

FLPBIS can support districts in building district level capacity (external and internal coaching) by providing training and coaching to assist district and school-level personnel (e.g., Behavior Analysts, School Psychologists, Social Workers, etc.) as PTR facilitators. Once trained school and district personnel can provide additional training and coaching to expand the PTR process. FLPBIS can provide ongoing coaching supports to trained PTR facilitators to ensure skill acquisition and positive student outcomes.

## **PTR Training Formats**

Online Skill Development Training Modules: Self-paced Canvas course that walks participants through the five steps of PTR and provides resources on how to train others as facilitators of the PTR process for comprehensive FBA/BIP development. Options are available for check-ins with FLPBIS staff for feedback. Best suited for district-level personnel with behavioral expertise.

Live Training: FLPBIS facilitated training covering the five steps of the PTR process. Participants will learn how to use resources to facilitate a comprehensive FBA/BIP process and coaching supports for improved fidelity. Training includes modeling, practice and a case study approach, when possible.

REQUEST PTR TRAINING AND/OR COACHING SUPPORTS



## Did you Know...

The Florida Department of Education (FDOE) developed the <u>Paperless Communications System</u> as a means of notifying interested parties when official correspondence is posted on our website. By signing up for this service, you will be able to receive email notices containing links to messages, reports, legislative updates, technical assistance papers and official memorandums issued by the FDOE.





Spring

## Mental Health

If you are in crisis, get immediate help:

- **Call 911**
- 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline): 988 for English or Spanish, or Lifeline Chat. TTY users can use their preferred relay service or dial 711 then 988.
- Crisis Text Line: Text SIGNS to 741741 for 24/7, anonymous, free crisis counseling
- ♦ Disaster Distress Helpline: CALL or TEXT 1-800-985-5990 (press 2 for Spanish)
- Mental Health Awareness month is May
- https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Awareness-Month

## **Mental Health Training Series**

January: Evidence Informed Decision Making: Now that I have data what do I do?

Wednesday, January 25, 2023

2:00 - 3:00pm, Eastern

Presenter: Robert Lucio, Ph.D., LCSW

February: School Based Mental Health Personnel Supporting Students' School Reengagement Through

A Trauma Informed Lens Wednesday, February 22, 2023

3:00 - 4:00pm, Eastern

Presenter: Marva Furlonque-Laver, MSW, PhD

Candidate

March: Getting Your ACT Together: Acceptance &

Commitment Therapy in a School Setting

Wednesday, March 8, 2023 3:00 - 4:00pm, Eastern

Presenters: Sarah Perry, MSW, LICSW

Dr. Stephanie Ochocki

# **Upcoming Events**

## State Conferences from January to May 2023

Florida Association of School Social Workers (FASSW) March 1-3, 2023

Florida School Health Association (FSHA), May 10-12, 2023.

## **Celebrating School Support Professionals**

Student Services Week is celebrated during the first full week of February (February 6-10). Student Services Week is an opportunity to feature the exceptional services provided by school counselors. school nurses, school psychologists and school social workers.

National School Counseling Week is February 6-10. This year's theme is "School Counselors: Helping Students Dream Big" and will focus public attention on the unique contribution of school counselors.

National School Social Work Week is held the first full calendar week of March (Sunday-Saturday). SSWAA has resources to help you celebrate.

National School Nurses Day is celebrated on the Wednesday within National Nurses Week, May 6-12. National School Nurse Day was established to foster a better understanding of the role of school nurses in the educational setting.



# School Safety Specialists and **Mental Health Coordinators Meeting Dates**

Meeting Date	Format
February 9, 2023	Virtual
March 9, 2023	Virtual
April 13, 2023	Virtual
June 12-15, 2023	In-Person Convening (TBD)



